

Affirmation for Saturn, Ascendant and Sun

"I call to my own Higher Self, My Mighty I AM Presence, and to the divine sponsors of my life _____ to place your mighty Electronic Presence and Causal Body, in through and around my natal chart, to seal off and bar from my life all negative energies coming through my Astrological Chart.

I call for these planetary bodies to be replaced with the Causal Body of

_____ and to transmute the cause and core of any challenging energies especially within my Natal:

Saturn in _____ in the _____ House.

My Sun in _____ in the _____ House.

My Ascendant in _____.

I thank you and accept this done in full power, Amen."

Take your Saturn's position (which house it is in if you know your chart) and write out some positive descriptions of that house - which represents the challenge you were born with that you were destined to rise up out of.

This is your training - When you left the etheric realm, you entered your body you have now, with a mixture of attainment and left over lessons from other lives.

You chose the circumstances in this life in order to overcome the limitations and become an even greater expression of that God' Self we are all to achieve.

We start where we landed and the situation we landed in that was uniquely and perfectly chosen. From there, you know you must rise up out of your condition you found yourself in from birth.

Become aware of all the thoughts feelings and things you have accepted that represent negatives you want to rise out of. Where Saturn is in your chart just might describe much of what you are working on overcoming. is a good place to start.

The affirmation is just a first step but a big one. Keep it up and you can even list the negatives we have discussed, under the affirmation and ask for the expansion of the positive qualities of your Saturn (or Sun or Ascendant) and write them just underneath the affirmation and give it regularly.

When you print out your wheel, place a crystal exactly on top of your Saturn, the symbol that looks like this. Enjoy observing your changes throughout the year as you make this call on your challenges!

